



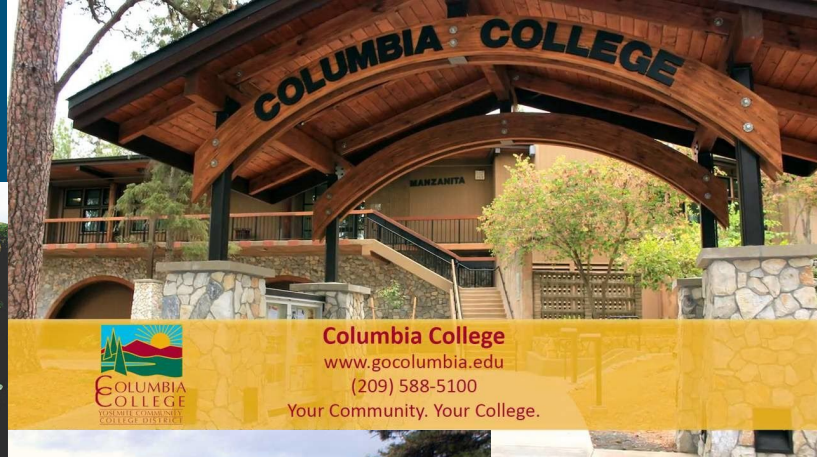
# Low Cost Food Security Program



Columbia College



# Columbia College



**Columbia College**

[www.gocolumbia.edu](http://www.gocolumbia.edu)

(209) 588-5100

Your Community. Your College.



# History of the Food Security Program



# Recent Interventions

Ponderosa Pantry

Warm Up Wednesdays

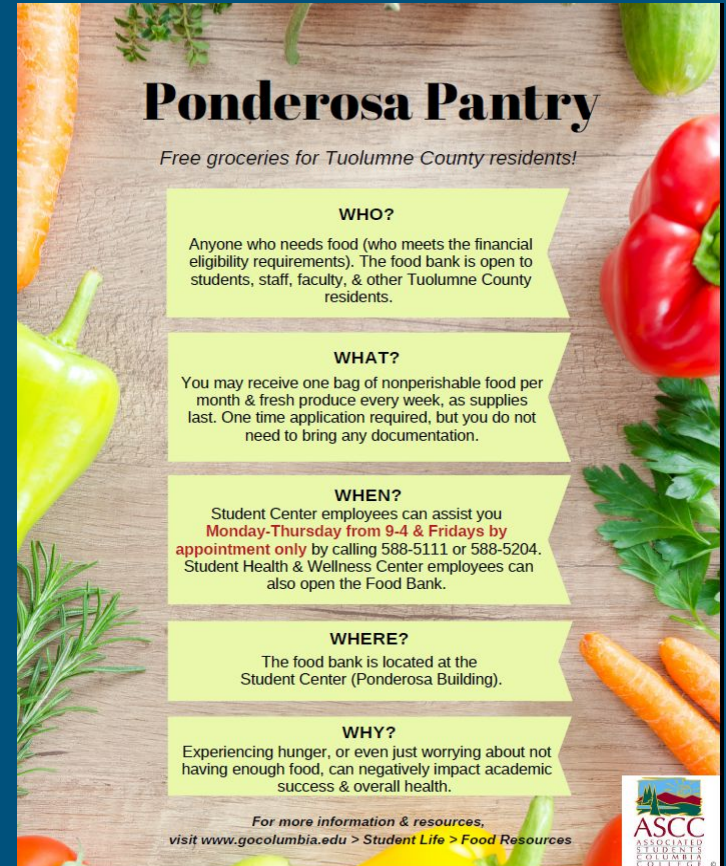
Grab and Go Food Bowls

Expanded Web Page and Resources

Classroom Presentations / “Chopped”

[Columbia College Website](#)

[Wellness Central](#)



**Ponderosa Pantry**

*Free groceries for Tuolumne County residents!*

**WHO?**

Anyone who needs food (who meets the financial eligibility requirements). The food bank is open to students, staff, faculty, & other Tuolumne County residents.

**WHAT?**

You may receive one bag of nonperishable food per month & fresh produce every week, as supplies last. One time application required, but you do not need to bring any documentation.

**WHEN?**

Student Center employees can assist you **Monday-Thursday from 9-4 & Fridays by appointment only** by calling 588-5111 or 588-5204. Student Health & Wellness Center employees can also open the Food Bank.

**WHERE?**

The food bank is located at the Student Center (Ponderosa Building).

**WHY?**

Experiencing hunger, or even just worrying about not having enough food, can negatively impact academic success & overall health.

For more information & resources, visit [www.gocolumbia.edu](http://www.gocolumbia.edu) > Student Life > Food Resources

**ASCC**  
ASSOCIATED STUDENTS  
COLUMBIA COLLEGE

# Ponderosa Pantry

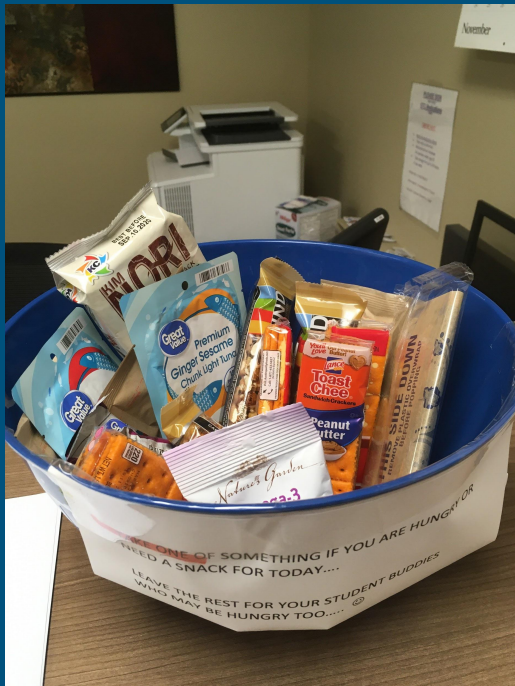
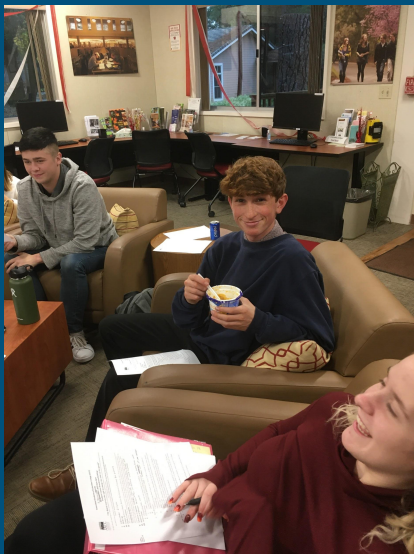
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# Warm Up Wednesdays



# Grab and Go Bowls



# Collaborations

- Local Food Bank - No Cost for Food
- Associated Student Body
  - Run the Ponderosa Pantry
- SJSU / USF Graduate Internships
  - Data collection
- Culinary Arts Students
  - Recipe creation and demonstration
  - Warm Up Wednesday Soups
- Columbia College Foundation
  - Funding for Warm Up Wednesdays
  - Vouchers for Cafeteria Meals
  - Kitchen Cooking Kits



# Associated Students

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# Funding

- Local/State/Federal Food Bank Resources
- Food Security Funds from CCC State Budget
- Columbia College Foundation
- Associated Students of Columbia College
- Donations

